

THE SPA AT THE JOULE offers innovative and results-driven treatments in a stunning subterranean setting, with an emphasis on providing guests a truly personalized experience. Nurturing mind, body and soul with all forms of energy, the spa naturally lends itself to geothermal inspiration with luxurious groundbreaking European heat experiences that take guests through a therapeutic journey of temperature changes.

BODY RITUALS

TIME SIGNATURE THERAPY

Time Signature Therapy encourages our guests to book a duration of time rather than a specific treatment, so that services and products can be tailored to meet each individual's needs. As a welcoming gesture, each Time Signature Therapy begins with a soothing foot ritual designed to restore a natural state of equilibrium.

*Available in sessions of 2 or 3 hours**

2 hours - Mon-Thu \$295 / Fri-Sun \$310

3 hours - Mon-Thu \$440 / Fri-Sun \$460

**3 hour treatments include a delicious and healthy spa lunch*

THE JOULE - 110 min

The Joule treatment begins with our signature foot ritual as a welcoming gesture, followed by a gentle facial cleanse, dry body brushing and Himalayan salt exfoliation to purify and soften the skin. Guests then receive an indulgent massage, using nourishing calendula shea cream with time-release retinol beads to soften and hydrate the body. Warm volcanic and jade stones assist to penetrate tired, aching muscles. As a finishing touch, a soothing scalp massage allows you to relax and unwind.

Mon-Thu \$295 / Fri-Sun \$310

EARTH INSPIRED - 110 min

This Ayurvedic-inspired treatment begins with a foot ritual, followed by a full-body exfoliation using coconut sugar and exotic essential oils, paired with an energizing hot stone massage to create space between joints and lengthen trapped muscle tissue. Pure harmony is obtained with a powerful Shirodhara oil pour to the forehead.

Mon-Thu \$295 / Fri-Sun \$310

BLISSFUL RITUAL - 110 min

This decadent treatment begins with a double body exfoliation using a body brush, followed by a customized sugar scrub. Guests enjoy a relaxing scalp massage while a powerful detoxifying algae wrap works to eliminate toxins. After a refreshing shower, you will receive a full-body massage with choice of aromatherapy oil, which will leave you feeling revitalized with a sense of well-being.

Mon-Thu \$295 / Fri-Sun \$310

PERSONALIZED CONTOUR BODY TREATMENT - 110 min

This results-driven treatment is completely tailored to your body. Highly skilled therapists utilize specific techniques to address skin firmness, slimming, cellulite, elimination of toxins and/or excess water and sculpting. Recommended in a series of 3 treatments over a one-month period.

Mon-Thu \$295 / Fri-Sun \$310

PRE-NATAL BODY TREATMENT - 110 min

Designed to target areas prone to stress and tension during pregnancy, this is a deeply nourishing body treatment. A calendula oil gommage gently exfoliates and hydrates, while a nurturing massage with avocado oil body mask repairs and protects your skin during pregnancy. This soothing treatment ends with a relaxing scalp massage.

Mon-Thu \$295 / Fri-Sun \$310

TRIPLE BODY SCRUB - 50 min

This exceptional triple body exfoliation combines a dry brush, pink Himalayan salt scrub and calendula shea cream with time-release retinol beads that exfoliate and nourish, leaving you with smooth, glowing skin. Perfect as a stand-alone treatment, or paired with a 25-minute massage for a decadent experience.

Mon-Thu \$155 / Fri-Sun \$165

TREATMENT MENU

MASSAGES

FIRE & ICE STONE MASSAGE - 110 min

This signature massage begins with a welcoming foot ritual. The combination of cool jade crystals and warm volcanic stones are used to rejuvenate and relieve deep muscle tension. The cooling effects of jade bring harmony to the mind and body, while the warm stones ease muscles and soothe aches and pains. This service concludes with a deeply relaxing scalp massage.

Mon-Thu \$295 / Fri-Sun \$310

CUSTOMIZED MASSAGE - 50 min / 80 min

Not sure what technique to choose? Simply select your desired time and our highly trained therapists will customize a massage to your body's needs. 80-minute massages include a deeply relaxing scalp massage.

HOT STONE

SWEDISH

DEEP TISSUE

REFLEXOLOGY

50 min - Mon-Thu \$155 / Fri-Sun \$165

80 min - Mon-Thu \$225 / Fri-Sun \$235

MATERNITY MASSAGE - 50 min / 80 min

This relaxing, full-body massage is perfect for the mother-to-be as it aides in relieving stress, improving and maintaining elasticity, reducing fatigue and targeting areas prone to tension during pregnancy.

50 min - Mon-Thu \$155 / Fri-Sun \$165

80 min - Mon-Thu \$225 / Fri-Sun \$235

TABLE THAI - 50 min / 80 min

Thai massage is an ancient healing method that combines gentle pressure massage with yoga-like stretching. The result is deep nourishment and relaxation for the entire body. This massage relaxes the body and quiets the mind, while increasing energy levels, improving circulation, and alleviating pain and muscle tension. The service is performed with the guest fully clothed on a massage table. **Loose clothing is required.**

50 min - Mon-Thu \$165 / Fri-Sun \$175

80 min - Mon-Thu \$235 / Fri-Sun \$245

SKINCARE

A GLOBAL APPROACH TO SKIN. BIOLOGIQUE

RECHERCHE is a French luxury professional skin care line who's methodology has a reputation for astounding effectiveness based on a clinical approach to beauty care using pure, concentrated and raw ingredients, as well as innovative protocols and procedures. Each facial is highly personalized to achieve immediate and long-lasting results.

BIOLOGIQUE SIGNATURE FACIALS -

60 min / 90 min / 120 min

This signature multifaceted and hyper-customized treatment focuses on the face, neck, décolleté and hands and is designed to show improvements instantly. The treatment begins with a deep cleansing and exfoliation followed by a lifting facial massage with varying serums and facial masks. Recommended for all ages and skin types.

60 min - Mon-Thu \$195 / Fri-Sun \$205

90 min - Mon-Thu \$255 / Fri-Sun \$265

120 min - Mon-Thu \$310 / Fri-Sun \$320

MICRO-PUNCTURE FACIAL - 90 min

Our most intensive treatment is geared to fight signs of premature aging. This Micro-Puncture technique is paired with a cocktail of super-active amino acids, vitamins and serums. The Micro-Punctures activate a natural repair phase that regenerates skin tissue. Skin will be left smoother, while imperfections such as fine lines and scars are minimized. Results are typically visible after the first service. Recommended in a series of 3 treatments over a one-month period.

Micro-Puncture add-on available for areas of concern.

Mon-Thu \$460 / Fri-Sun \$470

TRIPLE LIFT LUXURY FACIAL - 120 min

This clinical skincare restoration treatment is designed to boost cellular metabolism, resulting in the ultimate age-defying facial. The treatment is tailored to your needs, beginning with an in-depth skin analysis, deep cleansing and gentle exfoliation. The revolutionary Triple Lift process begins with two manual lift treatments, the application of customized serums and masks, followed by the use of the Remodeling

T R E A T M E N T M E N U

Face Machine, which utilizes state-of-the-art bio-electrotherapy to deeply hydrate, lift and re-sculpt the face. Skin is visibly restructured, radiant and smooth. The addition of a luxurious hand and foot treatment completes the experience.

Mon-Thu \$365 / Fri-Sun \$375

REMODELING FACE - 90 min

This age-defying treatment targets the face, décolleté, and neck to restore elasticity, stimulate circulation and re-sculpt the facial structure, leaving spectacularly visible results. The Remodeling Face Machine is utilized to change the dynamic facial architecture by lifting superficial and deep tissue with three simultaneous currents. Results are visible after the first service, for long-term benefits a progressive series is recommended. Recommended in a series of 3 treatments over a one-month period.

Mon-Thu \$325 / Fri-Sun \$335

ULTIMATE FACIAL - 90 minutes

This advanced facial begins with a session of orbital micro-dermabrasion to exfoliate and reveal smoother, more evenly toned skin. Firming micro current techniques are incorporated into the treatment to regain cell memory and restore firmness. LED light therapy is then used to reduce the appearance of fine lines and wrinkles, and an advanced collagen hydro mask is applied to nourish the skin.

Mon-Thu \$280 / Fri-Sun \$290

MICRO-DERMABRASION FACIAL - 60 minutes

Restore your skin's natural glow with this unique advance orbital micro-dermabrasion. This highly effective intensive treatment improves cellular turnover and deeply detoxifies the skin, causing the appearance of pores to dramatically minimize. The orbital abrader covers far more surface area than traditional crystal, diamond tip or fluid-based machines. LED light therapy is then applied to heal the skin, eliminate bacteria and enhance the tone and texture of the skin while improving elasticity. Recommended in a series of 3 treatments over a one-month period.

Mon-Thu \$195 / Fri-Sun \$205

RENEWING FACIAL PEEL - 60 min

This intensive renewing and purifying facial peel begins with a skin analysis followed by a unifying and regenerating treatment, which purifies the epidermis, brightens the complexion and smoothes fine lines and wrinkles.

Mon-Thu \$175 / Fri-Sun \$185

BACK TREATMENT - 60 min

This exfoliating and detoxifying treatment for the back and shoulders addresses common skin-related issues including sun damage, congestion and dehydration. A customized mask, deep exfoliation, and relaxing massage help hydrate and reset the skin, protecting it from natural exposure to the elements.

Mon-Thu \$165 / Fri-Sun \$175

THE PRIMP

Please contact a Spa Coordinator for pricing and additional details.

WAXING

THREADING

LASH & BROW TINTING

MAKEUP

BIJOU NAIL STUDIO

THE JOULE PEDICURE - 80 min

This ultimate pedicure experience begins with a relaxing foot soak in a bath of Dead Sea salts. A vitamin-rich, sugar exfoliation is then used to prepare the soles and lower legs for a nourishing mask, hydrating paraffin and revitalizing hot stone massage. This experience concludes with soothing and nutrient-rich algae shea butter. Nail care included and topped with a beautiful polish.

Mon-Thu \$110 / Fri-Sun \$120

SIGNATURE PEDICURE - 50 min

The signature pedicure experience invigorates and calms using a lavender mint soak made of Dead Sea salts enriched with vitamin E, followed by a warm sugar scrub, nourishing mask and restorative massage. Nail care included and topped with a beautiful polish.

Mon-Thu \$75 / Fri-Sun \$85

CLASSIC PEDICURE - 35 min

Our express pedicure service includes complete cuticle care and your choice of polish, finished with uplifting lavender mint cream.

Mon-Thu \$45 / Fri-Sun \$55

T R E A T M E N T M E N U

THE JOULE MANICURE - 50 min

Enjoy the ultimate manicure experience. A vitamin-rich, sugar exfoliation is used to soften hands and prepare skin for a nourishing mask, hydrating paraffin treatment and revitalizing hot stone massage. This experience concludes with soothing and nutrient-rich hand cream to promote moisture and firmness for younger, healthier hands. Detailed nail care is included and topped with your choice of polish. This manicure is the perfect complement to the Joule Pedicure.

Mon-Thu \$55 / Fri-Sun \$60

SIGNATURE MANICURE - 35 min

This signature manicure experience invigorates and calms using a lavender mint soak made of Dead Sea salts enriched with vitamin E, followed by a warm sugar scrub, nourishing mask and restorative massage. Detailed nail care is included and topped with your choice of polish. This manicure is the perfect complement to the Signature Pedicure.

Mon-Thu \$45 / Fri-Sun \$50

CLASSIC MANICURE - 25 min

This enhanced polish change includes detailed cuticle care followed by your choice of polish.

Mon-Thu \$30 / Fri-Sun \$35

GEL MANICURE - 50 min

Enjoy our signature manicure using extended wear polish. Please let a Spa Coordinator know if your treatment requires gel removal prior to your new coat to allow enough time for enjoyment.

Mon-Thu \$65 / Fri-Sun \$75

THE J TOUCH - 50 min

Your lower legs and feet will be on cloud nine during this triple-sequence massage. Relax, breathe and enjoy a soothing lavender and mint foot soak, sole buff and scrub, followed by a warm towel wrap and hydrating paraffin.

Mon-Thu \$75 / Fri-Sun \$85

REVITALIZING FOOT MASSAGE - 25 min

This service revitalizes tired feet and includes a refreshing foot soak and relaxing customized foot massage.

Mon-Thu \$50 / Fri-Sun \$60

HOW TO SPA

Monday to Sunday 9am - 8pm

SCHEDULING AN APPOINTMENT

To schedule an appointment, please contact the spa reservations team. Our expert staff can guide you to the perfect service for your needs. To ensure your preferred time and service is available, we recommend booking in advance. All spa services will need to be guaranteed with a credit card.

CANCELLATION POLICY

A 100% charge will be incurred for any treatment not cancelled at least 24 hours prior to your scheduled time. Late arrival will result in a shortened treatment time.

SPA ETIQUETTE

Our spa environment is one of relaxation and tranquillity. Please respect all spa guests' right to privacy and serenity. In light of this, the spa is a mobile phone, camera and smoke free zone.

HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your spa reservation.

PREGNANCY

We have specially designed treatments for expectant mothers after their first trimester. Please allow our spa team to guide you in selecting treatments that are suitable during this special time.

VALUABLES

The Spa at The Joule accepts no responsibility for loss of valuables and jewelry at any time on the spa premises.

LOST PROPERTY

All lost property found on the premises will be stored for 30 days, if items are not collected within this time frame they will be donated to local charities. Liquids, under garments and hair brushes are kept for 24 hours only.

PRICES

All prices are quoted in USD and are subject to change at any time. For your convenience a 20% gratuity will be added to your final bill.
